

# Family

## One Strong Potato

### **Best Use**

A family time activity.

### **What is it about?**

God is our only source of strength.

### **Advance Preparation**

Make sure you have the following on hand.

- Straw
- Raw potato
- Bible

## What you do...

Follow these steps for a great experience...

**Ask:** your family to recall Bible stories where God helped overcome situations that seemed hopeless or impossible. Here are a few to get you started:

- *God parts the Red Sea for Moses and the Israelites*
- *God topples the walls of Jericho*
- *Jesus feeds the 5,000 with just a small amount of food*
- *Jesus raises Lazarus from the dead.*

After talking about these situations, hold up a potato and a straw.

**Ask:** How can I get this straw through the potato without bending it? (you can't drill a hole in the potato)

**Discuss:** how it might seem impossible to get the straw into the potato, then grip the straw by pinching one end with your thumb and forefinger and plunge it into the potato at a right angle to the surface. It will take the proper angle and amount of force for this to succeed.

*Note: You may want to practice this a few times to be sure you know how to do it. If you can't find a fresh baking potato to do this with, you can use one that's been soaked in water for an hour.*

**Read:** Isaiah 40:29-31.

**Share:** Most people wouldn't think it is possible to poke this straw through a potato. But it is possible as we can see. Sometimes, we face things that are bigger than we are- things that seem impossible like crossing the Red Sea. And during those times, we forget to see God's role in that situation, just as we didn't consider the power of the straw to go through the potato..

Let everyone attempt to plunge the straw through the potato. They'll soon discover that the only way it works is when the angle and force are just right.

**Explain** that this is also how it is when it comes to situations we face that seem impossible: when we're following God, trusting Him and accepting His guidance- He can come into our situation and do the impossible.