

KIDS

Fiery Darts

Best Use

A family time activity.

What is it about?

Use this lesson to help kids learn to trust and depend on God for our strength.

Advance Preparation

Make sure you have the following on hand.

- 2 Inflated tied-off balloons
- Shish kebab skewer
- Cooking oil
- Bible

What you do...

Follow these steps for a great experience...

1. Blow a balloon up halfway and explain that the balloon represents us. Ask your family to share what they think the air would represent. Then suggest that just as the balloon holds air, we try to live our lives full of God's love and doing His will.
2. Next hold up the skewer and ask, what do you think will happen when I poke the balloon with this? (It will pop) Go ahead and pop the balloon.
3. Read aloud Ephesians 6:16 together.
4. The enemy, Satan, is trying to destroy our relationship with Jesus by throwing temptations our way. Just as the skewer popped the balloon, our relationship with Jesus is damaged when we give into those temptations.
5. What are some ways our relationship with Jesus is damaged? (being hurtful to others, lying, disrespecting parents)
6. Now blow up another balloon halfway and ask family members once again what they think will happen when you poke the balloon. This time, lightly oil the skewer and carefully push it slowly through the nipple end of the balloon. The balloon should not pop as long as the skewer is left in the balloon.
7. Share...when we oiled the skewer and chose where to poke it, it didn't pop the balloon. I prepared the balloon for the sharp skewer and kept it from harm. Just as we prepared this balloon, we need to be prepared for the temptations we will face. When we trust God fully, we will become stronger and better able to keep doing God's will.