

Family

Protect the Balloon

Best Use

A family time activity.

What is it about?

Use this lesson to explore how God protects and strengthen us.

Advance Preparation

Make sure you have the following on hand.

- Two un-inflated balloons
- Small amount of water
- Candle
- Lighter
- Bible

What you do...

Follow these steps for a great experience...

1. Begin by asking everyone to tell about times they've been worried or scared. Ask...
 - What did it feel like to be worried or scared?
 - What were you afraid of?
 - Did you think about God when you were feeling this way?
2. Activity...

Fill one of the balloons with enough water to cover the bottom of the balloon when blown up. Then blow up both balloons to the same size. Then light the candle.
3. Ask: What do you think will happen when we place the balloons above the flame?
Then hold the empty balloon over the flame and watch it pop.
4. Ask: Did anything protect the balloon? Why not? (fire was too strong; it was too thin)
5. Next hold the other balloon above the flame. Watch it carefully and it won't pop. Pass the balloon around and discuss.
 - Why didn't the balloon pop?
 - How is this balloon like people who follow Jesus? (they are protected; God keeps them safe)
6. Read 2 Thessalonians 3:3 and Psalm 18:2-3. Ask:
 - What to these passages tell us about God's protection? (God gives us strength; God cares for us)
7. Share: God is the source of our strength- He's our rock. When we follow Jesus He is like a shield who protects us. Just like this balloon that was protected, God knows just what kind of protection we need, and will never leave us.
8. If you choose you could use this time to discuss the coronavirus and God's protection. For a video to share with your kids check out...<https://vimeo.com/channels/chkids>
9. Pray with your family as you wrap up.